

BEAUTIFUL BLOOMS with SARAH SIMON

Suggested Materials, Supplies & Color Recipes

Suggested materials for course lessons:

Sketchbook or paper

Watercolor paper (cold press 140lb weight / 300 gsm)

Pencil

Eraser

Fine liner waterproof black pen (for example, Micron)

Dip pen with black ink

Mixed media coloring supplies (colored pencils, cray-pas / water-soluble pastels, or any other favorites you have)

Watercolor brushes (round #1 and round #4)

Watercolor paints - colors used by Sarah in the course are white (titanium white), yellow ochre, red (alizarin crimson), burgandy (Perylene maroon), dark blue-gray (Payne's gray), violet (Perylene violet), olive green (chromium oxide), red-brown (burnt Sienna), brown (Vandyke brown), cobalt blue (optional)

Watercolor palette (or dinner plate)

Jar of water

Paper towels

Sarah's favorite art supplies:

NOTE from Sarah on supplies: Below is a list of my favorites with links. They are not ALL required in any way, and I like to encourage my attendees to try and do what they can with what they have. BUT, as a general rule, if I reference anything directly, I do like to let people know where to find it as a courtesy. Because some people REALLY love new supplies! But I don't want this to feel intimidating, so please feel free to par it down as "absolutely essential" and "extras."

(*denotes Sarah's preferred where there are options)

PAPER: Cold Press 140lb / 300 gsm watercolor paper (pads or blocks or sketchbooks!)

[Winsor & Newton Cold Press](#)

[Hahnemuehle Agave Watercolor paper](#)

[Canson XL Watercolor Pads](#)

Sketchbooks:

[Hand Book Paper Co. Travelogue Watercolor Journal](#)

[Handmade watercolor sketchbook](#) mentioned in Lesson 1

PALETTES:

[Hand-designed Palettes with Golden rim](#) from Sarah and her Seattle friend, Helena (use code TMG at checkout!)

Travel Palette:

[Mijello Fusion Airtight/Leakproof Palettes](#)

BRUSHES: *A Round 4 and 1 are the most useful sizes and Sarah prefers Princeton Brushes in the SNAP, Select Artist and Velvet Touch Series.*

[SNAP Series](#)

[Velvet Touch](#)

PENS:

*Sakura of America Micron size 01, 0.25 mm line (waterproof with watercolor)

*Speedball Dip Pen with Super Black India ink (waterproof with watercolor)

Pilot Pen (Semi-waterproof with Watercolor)

Winsor & Newton Fineliner (Semi-waterproof with Watercolor)

PENCILS:

Blick Studio HB

Staedler HB

Winsor & Newton Charcoal Pencil Set

PAINT:

[Winsor & Newton Professional Watercolor Tubes and Set \(Tube\)](#)

[Winsor & Newton Professional Watercolor Half Pans and Sets \(Pan\)](#)

Watercolor Paints: Pure Tube Colors Sarah uses: (Winsor & Newton Professional Grade)

Alizarin Crimson
Burnt Sienna
Yellow Ochre
Perylene Maroon
Perylene Violet
Vandyke Brown
Payne's Gray
Oxide of Chromium
Titanium White
Ivory Black
Cobalt Blue Hue

Additional colors:

Winsor & Newton Gouache: Pale Rose Blush

Winsor & Newton Watercolor: Orange

Daniel Smith Watercolors: Perylene Maroon, Buff Titanium, Perylene Green

COLORED PENCILS:

[Polychromos 36 Pencil Studio Set](#)

CRAY-PAS:

[Caran d'Ache Classic Neocolor II Water-Soluble Pastels, 30 Colors](#)

BLENDING TOOL:

[Sakura XBR-BLEND 2-Piece Blister Card Koi Colorless Blender Set](#)

SARAH'S WATERCOLOR WORKBOOK:

[Watercolor Workbook by Sarah Simon](#)

Color Mixing Recipes for the course:

Flower Petals:

BUFF: 90% White + 10% Yellow Ochre

BLUSH: 50% White + 30% Yellow Ochre + 20% Alizarin Crimson

PURPLE MAUVE: Payne's Grey + Alizarin Crimson + Titanium White (because it's a gradient, the percentage vary)

Alternative pretty colors:

MOODY MAUVE: 5% Payne's Gray 45% Cobalt Blue Hue + 50% Alizarin Crimson

DUSKY PINK: 44% White + 1% Payne's Gray + 55% Alizarin Crimson

LAVENDER: 10% White + 5% Yellow Ochre + 45% Payne's Gray + 40% Alizarin Crimson

Leaves:

OLIVE GREEN: 40% Oxide of Chromium + 60% Burnt Sienna

Alternatives to Mix if you don't have a Pure Professional Tube color listed above:

An alternative to ***Oxide of Chromium*** : 70% Sap Green + 30 % Ultramarine Blue

An alternative to ***Perylene Violet*** : 60% Alizarin Crimson + 40% Payne's Gray

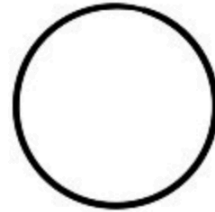
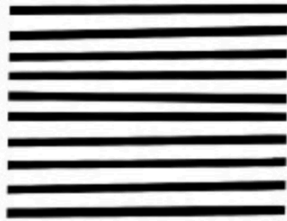
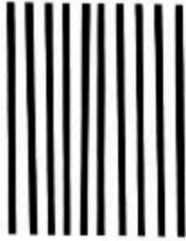
An alternative to ***Perylene Maroon*** : 30% Burnt Sienna + 60% Alizarin Crimson + 1% Ivory Black

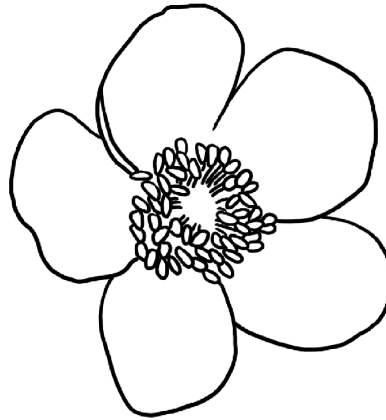
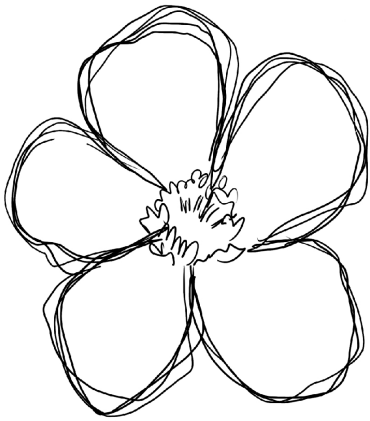
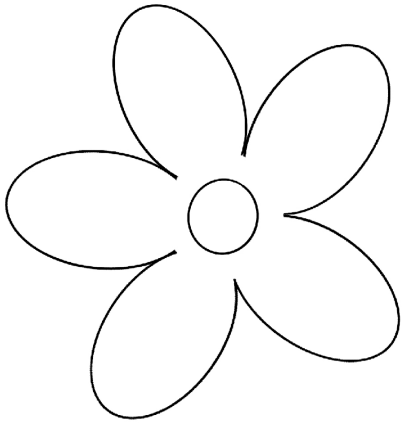
An alternative to ***Vandyke Brown***: Burnt Sienna + Ivory Black





The mat Garden

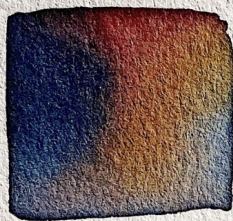








WET-IN-DRY



WASH
WATERCOLOR
FLAT



WASH
WET-IN-WET



PAPER TOWEL
↳ VACUUM

THIRSTY BRUSH
↳ SWEEP/BROOM



40+AC



